

- Participants must be the age stated below on date of track meet in order to participate in a particular age bracket. Participants may enter up to three events in their age bracket for the registration fee.
- **Deadline and entry fee:** \$10.00 per participant (not event) and must be accompanied by the entry form below. Please make checks payable to **Essex Youth Sports**.
- **Awards:** Medals will be given to the top 3 places, with ribbons for 4th, 5th, and 6th.
- **Event Announcements:** All events will be announced over the speaker system. There will be a first call and then a final call. Please listen for events to be called and locations to be given.

Send entries to: Essex Youth Sports
PO Box 428
Essex, IA 51638

Questions? Contact: Alice Walters at 712-435-0557

Order of events: **All events will run by age, youngest to oldest, girls first followed by the boys.**

10:00 am field events

- 7-8 years, 9-10 years----long jump
- 6 and under, 11-12 years, 13/14 years ----softball throw
- 7-8 years, 9-10 years----softball throw
- 6 and under, 11-12 years, 13/14 years ---long jump

After completion of field events ----running events

- 800-meter run
- 50-meter dash
- 1500-meter run
- 100-meter dash
- 400-meter run
- 200-meter dash

A concession stand will be available throughout the meet. Awards will be distributed during the meet. Athletes will receive their medals/ribbons at the finish line. If the meet is canceled it will be posted on **Essex Youth Sport Facebook Page and on KMA.**

Name: _____ Phone: _____ Male/Female: _____

City/town: _____ Birthdate: _____ Age: _____

On behalf of ourselves and our child, we hereby release the Essex Youth Sports and the Essex Community School District from any and all liability for any loss, injury or damage of any kind arising out of the participation of our child in the Essex Youth Track Meet.

Parent Signature: _____ Date: _____

Participants may enter up to three events in their age bracket.

<u>6 and under</u>	<u>7- 8 years</u>	<u>9-10 years</u>	<u>11-12 years</u>	<u>13-14 years</u>
1)50 meter__	1)50 meter__	1)100 meters__	1)100 meters__	1) 100 meters__
2)100 meter__	2)100 meters__	2)200 meters__	2)200 meters__	2) 200 meters__
3)200 meter__	3)200 meters__	3)400 meters__	3)400 meters__	3) 400 meters__
4)softball throw__	4)400 meters__	4)800 meters__	4)800 meters__	4) 800 meters__
5)standing long jump__	5)800 meters__	5)1500 meters__	5)1500 meters__	5) 1500 meters__